



**NATIONAL SERVICE SCHEME (NSS)
UNIT-1
GOVERNMENT GENERAL DEGREE COLLEGE, KESHIARY
UNDER
VIDYASAGAR UNIVERSITY**



ANNUAL ACTIVITIES REPORT (2018-19)

1. Swachh Bharat Summer Internship Programme (01.08.2018-15.08.2018)

Date of event	1.8.2018- 15.08.2018	No. of participants	40
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EGovt. General Degree College, Keshiary organized Swachh Bharat Summer Internship Program under the Ministry of Human Resource Development with Swachh Bharat Mission (Grameen) and Ministry of Water and Sanitation in which about ten NSS volunteers and faculty members of the college in 2 teams were registered to conduct 100 hours swachhta activities in adopted villages. To make Swachh Bharat Mission as National Mission. In furtherance of the objectives of the Swachh Bharat Summer Internship Programme 2018 aiming at enrolling the students for promoting Swachhta, i.e., cleanliness in the village. Under this programme the students are invited to select a village of their choice and work with the village community for building a lasting system for improving the overall sanitation and hygiene in the village. In this regard we are visited on an adopted village *Arjun Geria* under Khajra Gram Panchayat. The unit met all the villagers in this village and saw the sanitation systems, their drinking water systems, bathrooms, drains, ponds and the surrounding of their homes. The volunteers seen the sanitation systems and cleaned it properly. We are also cleaned the drains, roadsides etc.

On 1st Day the programme started on 1st August, 2018 and ended on 15th August, 2018. The activities conducted were Awareness Campaigns like use of permanent toilet, hand wash after toilet, health and hygiene etc. discuss on the villagers. Lectures on Swachhta, Rally, door to Door Swachhta Campaign, Wall Painting etc. in every village as per schedule perform our NSS Team. The broad plan of actions were:

1. Generating mass awareness on cleanliness and hygiene among villagers.
2. NSS volunteers will work regularly for 100 Hours on cleanliness in the adopted villages.
3. NSS members to address villagers on the issues.
4. Mass pledge by students and villagers to maintain cleanliness of the adopted villages and surrounding areas.

The programmes were attended by children, students, villagers, representatives of villagers and teaching faculties of the college. The volunteers were got VC Commendation Certificate for 100 Hours Social Work.



Photograph was taken while NSS volunteers cleaning area at adopted village *Arjun Geria* under *Khajra Gram Panchayat*



Photograph was taken while NSS volunteers cleaning area at adopted village *Arjun Geria* under Khajra Gram Panchayat

2. Awareness camp on Blood grouping test

Date of event	14.08.2018	No. of participants	200
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The NSS Unit of the Government General Degree College, Keshiary has successfully organised a seminar and conducted a ‘**Blood Grouping Test**’ campaign to ‘know your blood group’ today 14.08.2018 at 10 A.M. which continued for more than six hours. The members of the NSS Unit and all other faculty members of the college joined the campaign. The Programme Officer of the NSS Unit, Dr. Susanta Kumar Maity, Assistant Professor of Botany and the Department of Zoology and Anthropology of the college, conducted the said events and led the unit members, the students and all other participants namely the faculty members and non-teaching staff to join and took part in the Blood grouping process. There are about **200** students including the NSS volunteers participated in this event with enthusiasm. The

programme was inaugurated by Dr. Sudipta Chakraborty, Officer-in-Charge and Assistant Professor in Zoology followed by an excellent speech of Dr. Manidip Sasmal, Assistant Professor in Zoology and Prof. Aritra Samajdar, Assistant Professor in Anthropology with audio-visual presentation to a packed audience in the seminar room of the college. The speakers tried to enlighten the students about the significance of **Blood Grouping Test** and how their participation can spread awareness in the society.

Blood typing is a test that determines a person's blood type. The test is essential if you need blood transfusion or are planning to donate blood. When one is in need not all blood types are compatible, therefore it's important to know one's blood group. Receiving blood that's incompatible with your blood type could trigger a dangerous immune response.



Fig. 'Blood Grouping Test' campaign

3. Tree Plantation Programme (20/08/2018)

Date of event	20.08.2018	No. of participants	80
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The NSS Unit-I of this College unit wishes to join the novel endeavour of tree plantation programme by planting saplings of various plants (flowering, medicinal, timber yielding plants, horticultural plants etc.) within the College campus on 20/08/2018. In this glorious programme teaching and non teaching staffs of GGDC, Keshiary were participated

and helped to craft successfully completion of this programme. The plantlets were planted near the side of our college boundary and side of college main building. All the volunteers care the saplings. There are about **80** students including the NSS volunteers participated in this event with enthusiasm.

Our NSS Volunteers also took oath to nurture the trees and nature around themselves and make their surrounding green. They also spread awareness about the importance of this day in their local area keeping social distance. But Most of the Photos have not been preserved.



Fig. Photograph was taken while the Program Officer along with NSS volunteers were planted the saplings



Fig. Photograph was taken while the Officer-in-Charge along with NSS volunteers were planted the saplings

NSS 7 DAYS CAMP REPORT (from 25th October to 31st October, 2018)

4. Activity of 25th October 2018 (Cleanliness programme and Legal Awareness Programme by Learned advocate from the High Court, Calcutta, Mr AmarnathSukul):

Date of event	25.10.2018	No. of participants	80
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All the Volunteers and the organizers were eagerly waiting for the beginning of the seven days special NSS camp, scheduled to be held during the Puja vacation from 25.10.18 to 31.10.18 at Telipukur, adjacent to our college. Students were already well prepared for this programme since long.

On this first day of the camp, at morning everybody assembled at the premises of the college. First of all we cleaned our college premises till 10'o

clock. Then we all met at the camp which was fixed for conducting all the workshops and seminars during the period. The camp officially begun under the leadership of Dr. Susanta Kumar Maity, Programme Officer of the NSS unit and Prof. Kalyanasis Bhattachrya, Prof. Sk Md Ismail Al Amin and Prof. Abul Kalam Azad assisted him.

As per the programme schedule approved by the Vidyasagar University the seven days special camp of the NSS unit begun today in the campus of the Government General Degree College, Keshiary. On the first day the NSS unit of the college along with the participants from the neighbouring villages had the opportunity to participate in the Legal Awareness Programme which was held in the camp. Learned advocate from the High Court, Calcutta, Mr Amarnath Sukul was invited to conduct the said programme. After cordially receiving the guest speaker and the hosts on the dais the business session begun at 12 noon and went on till 2:45 PM. Mr Sukul presented a brief but holistic profile of the Indian Judicial System and talked about the varied career opportunities in the field of Law which the students can opt for after their graduation. After this lecture he invited the participants and the teachers to engage with him with different reality based problems and their solutions which were duly reciprocated with enthusiasm. During this interactive session the participants had learned issues related to different civil, criminal and constitutional litigations. There were discussions on the RTI, consumer disputes, legal solution to bureaucratic and police harassments, corruption related grievance redressal, property related contracts and associated disputes, problems related to personal law such as succession rights and marital disputes, domestic violence and contemporary issues like the adultery law amendment and cyber-crime etc. The session was palpably engrossing that the participants wanted to continue the programme after the lunch and likewise at 3:30 the session resumed and it ended at 5PM. The first day was a great success with a good attendance and lively talk and interactions. There are about **45** students including the NSS volunteers participated in this event with enthusiasm. The programme ended formally with a brief vote of thanks.



Fig. Cleanliness programme by the NSS volunteers on college campus



Fig. Cleanliness programme by the NSS volunteers on college campus and outside the campus



Fig. Legal awareness programme by Mr. Amarnath Sukul, Learned advocate from the High Court, Calcutta

5. **Activity of 26th October 2018** : (Cleanliness programme and Yoga Programme by Yogi AnandaMaharaj, Yogi UjjalanandaSebashram, Belda, PaschimMedinipur):

Date of event	26.10.2018	No. of participants	80
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On day two of the seven days special camp of the NSS unit of the Government General Degree College, Keshiary, there was a whole day comprehensive yoga programme with both theoretical and practical sessions. In the introductory session in the morning the unit cordially received the key speaker, Yogi Ananda Maharaj, Yogi Ujjalananda Sebashram, Belda, Paschim Medinipur and his associates and the faculty members of the college who were present at the camp venue. The chief guest today, a locally very popular yoga trainer, is a monk of an *Ashram* who came all the way from Belda, a nearby town. In a very young age he has earned repute for his technical knowledge over the ancient Indian physical exercise methods and associated food habits and life style for the maintenance of a long and healthy life. In the pre-lunch session he discussed all the theoretical aspects of yoga including its documented history and mythical connections with the nation's past. After the lunch he gave demonstration on various *Ashanas* and *Pranayamas*. Few of the participants took part in that too, others kept on taking notes and recorded audio-visual glimpses of the whole programme. Today's camp saw a good number of participants who came with much enthusiasm to learn Yoga from a person who has devoted his life in learning this ancient practice and is practically surrendered the materialistic and utilitarian life for a monastic life in search of a different philosophy of living. Thus, the experience of the day with a person with exotic lifestyle and his Yoga training was interesting. There are about **45** students including the NSS volunteers participated in this event with enthusiasm. The programme was concluded in scheduled time with a brief vote of thanks.





Fig. Cleanliness programme by the NSS volunteers on college campus and outside the campus







Fig. Awareness Programme on YOGA by Yogi AnandaMaharaj, Yogi UjjalanandaSebashram, Belda, PaschimMedinipur

6. Activity of 27th October, 2018(Cleanliness programme and Awareness programme on Tobacco, Dengue, HIV etc.):

Date of event	27.10.2018	No. of participants	65
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On the third day of the seven days' special camp of the NSS unit of the Government General Degree College, Keshiary, there was a whole day's general awareness programme on mosquito borne diseases, diabetes and cancer and on the harmful effects of tobacco under the earnest cooperation of the staff of the State Health Department, Government of West Bengal. Dr. R. N. Pradhan, Deputy CMOH II, Paschim Medinipur, Dr. Anirban Hazra, Psychologist, NTCP, Dr. Swatilekha Manna, DC, NTCP, Mr. Sumit Mukherjee, Social Worker, NTCP and Magician Mr. B. N. Ghosh participated and enlightened our camp. In the introductory session in the morning the unit cordially received the key speaker, his team and the faculty members of the college who were present at the camp venue. The chief guest, conducted a lively and enchanting magic show loaded with music and laughter. Through this show the guests informed the participants how to sanitise their home and localities to ward off fatal diseases like Dengue, Malaria and other mosquito borne diseases. Then the guests displayed different posters on the general awareness of diseases like cancer, tuberculosis, AIDS and the HIV virus. The doctor Deputy CMOH II, Paschim Medinipur kept on making funny comments with magic tricks on some of the most dangerous threats to humanity. In the latter half of programme the guests focused on the baneful effects of tobacco in different forms. Young people easily fall prey to smoking

and chewing tobacco and other bad habits. And academic institutions could be a perfect place to address those problems. Some participants asked questions others took notes and recorded audio-visual glimpses of the whole programme. Participation was good and the programme too. Thus, the fun filled experience of the day with the team of doctors, psychologists, paramedics and supporting staff was hilarious for the young people. There are about **78** students including the NSS volunteers participated in this event with enthusiasm. The programme was concluded in scheduled time with a brief vote of thanks.



Fig. Cleanliness programme by the NSS volunteers on college campus, outside the campus and the adopted village Telipukur.





Fig. Awareness Programme on mosquito borne diseases, diabetes and cancer and on the harmful effects of tobacco by State Health Department, Government of West Bengal. Dr. R. N. Pradhan, Deputy CMOH II, PaschimMedinipur, Dr.AnirbanHazra, Pscyologist, NTCP, Dr.Swatilekha Manna, DC, NTCP, Mr.Sumit Mukherjee, Social Worker, NTCP and Magician Mr.B.N.Ghosh

7. Activity of 28th October, 2018(Cleanliness programme and a seminar lecture on Youth Society in the Eyes of Vivekananda):

Date of event	28.10.2018	No. of participants	65
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Fourth day of the Seven Days special NSS camp of GGDC, Keshiary, begun today in the morning with the routine sweeping and dusting programme by the participants under the guidance of the Programme Officer followed by field work, i.e., and conducting awareness programme through verbal exchange while meeting the local villagers. On completion of that the participants assembled at the camp for the days lecture session to be conducted by Prof. Rajesh De, Assistant Professor of Physics of Government General Degree College, Manbazar and Prof.Kalyanasis Bhattacharyya, Assistant Professor of Political Science, Government General Degree College, Keshiary respectively. The Unit received the speakers cordially and then the lecture sessions begun. The first speaker spoke on ‘**Youth Society in the Eyes of Vivekananda**’ and the next speaker discussed on the awareness of **Human Rights**. The participants expressed their views on the two lectures in the interactive session after the lunch. The participation was very good and spontaneous. The day’s programme ended with the vote of thanks conveyed by the Programme Officer.



Fig. All the NSS volunteers visit the village and collect the data on different aspects.





Fig. All the NSS volunteers visit the village and collect the data on different aspects.

8. Activity of 29th October, 2018(Cleanliness programme and camp on Thalassaemia Prevention Test):

Date of event	29.10.2018	No. of participants	65
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On the fifth day of the seven days' special NSS camp of GGDC, Keshiary, begun today in the morning with the routine sweeping and dusting programme by the participants under the guidance of the Programme Officer followed by field work, i.e., and conducting awareness programme through verbal exchange while meeting the local villagers. On completion of that the participants assembled at the camp there was a whole day's general awareness programme on thalassaemia disease and associated social problems under the earnest cooperation of the staff of an NGO namely Thalassaemia Prevention Society of Midnapore District, Paschim Midnapore. In the introductory session in the morning the unit cordially received the speakers and other members of the NGO and the faculty members of the college who were present at the camp venue. The guest speakers Mr. Amiya Dutta, Member of Thalassaemia Prevention Society and Mrs Sudipta Mahato, Technician, Thalassaemia Prevention Society gave lectures

on the disease and the importance of blood testing before marriage. They also informed the audience what cautions are to be taken in case of a carrier of thalassaemia. In the latter half of programme the guests collected blood samples of the participants for thalassaemia testing without any cost. It was quite amazing to see the enthusiasm of the students of the college and the local people as the voluntarily made them available for the test. The NGO members assured that the reports will be sent to the college in due time. It is noteworthy here that this NGO has very successfully same programme in GGDC, Keshiary previously. Therefore, it is really inspiring for us to see that people from such socio-economically backward area are participating in such event. There are about **200** students including the NSS volunteers participated in this event with enthusiasm. The programme was concluded in scheduled time with a brief vote of thanks.



Fig. Awareness Rally on Thalassaemia and its effects at the adopted village Telipukur





Fig. Awareness Rally on Thalassaemia and its effects at the adopted village Telipukur



Fig. Participants give blood for Thalassaemia test.

9. Activity of 30th October, 2018(Cleanliness programme and camp on “the possible dangers of global imbalance in ecology” by Dr Rajendra Prasad De and “crisis of mental health in the contemporary time” by Professor Abanti Bhattacharya):

Date of event	30.10.2018	No. of participants	65
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On the sixth day of the NSS camp there were two special lectures on the awareness of ecology and environment and mental health awareness respectively. In the morning the NSS team conducted their routine cleaning programme after which the main programme begun. The members of the NSS Unit duly received our guests and then followed the lecture sessions.

Dr Rajendra Prasad De presented an academic paper supported by information rich well decorated power point presentation. Professor De is an Assistant Professor of Botany and he teaches in Govt. General Degree College, Mohanpur, PaschimMedinipur. He informed the audience about **the possible dangers of global imbalance in ecology** in a compromised state of ethics. Professor De spoke very lucidly keeping in mind the non professional background of the majority of the audience. His paper will be featured in the following paragraph of this report.

The next lecture was again an awareness oriented programme supported by a PowerPoint presentation. Professor Abanti Bhattacharya, Assistant Professor of Psychology of Government General Degree College, Singur lectured on the **crisis of mental health in the contemporary time**. She conducted an interactive session once the main lecture was over. Many students submitted their personal problem queries without divulging their identity. The session lasted till 5 PM in the afternoon. Excellent participation recorded today and we are so elated to watch the spontaneous participation of the local people in such a modern counseling cum seminar presentation in this socio-economically backward area. There are about **45** NSS volunteers participated in this event with enthusiasm. The programme ended with the Programme Officer’s vote of thanks.



Fig. Dr.Rajendra Prasad De, Assistant Professor, GGDC, Mohanpur, Botanist, aware the possible dangers of global imbalance in ecology and Professor Abanti Bhattacharya, Assistant Professor of Psychology of GGDC, Singur lectured on the crisis of mental health in the contemporary time.

10. **Activity of 31st October 2018**(an awareness rally on deadly disease like dengue, chikungunia and other mosquito borne diseases and cultural programme):

Date of event	31.10.2018	No. of participants	65
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It is the last day of the Special NSS Camp. The participants gathered in front of the college and conducted an awareness procession with hand held placards on the awareness of the deadly disease like the dengue, chikungunia and other mosquito borne diseases in the neighbouring villages. Then there was a short street play featured in front of the local villagers featuring the tragedy of early marriage of the girl child. On completion they have done the routine cleaning and sweeping work and assembled at the camp. They officiated the cultural programme with a welcoming song and received all the organizers who sat through the event. Most of the participants shared their experience. There was extempore followed by poetry recitation and songs performance. Members of the unit participated with much enthusiasm. Programme officer congratulated and thanked all the participants for their cooperation and participation. The degree of enthusiasm that has been shown by our students and local villagers is unprecedented. Thus, the first NSS programme of Government General Degree College, Keshiary concluded with a positive note. There are about **45** students including the NSS volunteers participated in this event with enthusiasm.



Fig. An awareness rally on deadly disease like dengue, chikunguniaand other mosquito borne diseases”



Fig. Volunteers performed pathanatika against Child Marriage



Fig. Cultural programme

11. General awareness programme against dengue and chikungunya (19/03/2019)

Date of event	19/3/2019	No. of participants	44
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The NSS Unit of GGDC Keshiary had given an opportunity to conduct an awareness programme on **DENGUE and CHIKUNGUNYA**. In this regard a cleanliness Programme was also conducted on 19th March, 2019 at the college campus. All the volunteers and students were assembled at the college campus in the morning with the faculty members of this college. The Officer-in-Charge, Programme Officer with the other faculty members of the college addressed the students with brief introductory lectures on the significance of cleanliness in order to eradicate the mosquito borne diseases like DENGUE AND CHIKUNGUNYA. The leaflets bearing the information about the causal organism of the disease, its breeding grounds and disease symptomology along with preventive measures were distributed among the students. The students were also motivated to take away the lesson of cleanliness to their home so that they can make others aware about the disease and the ways of eradicating it.

A rally was conducted to aware people about the disease and keeping the area clean from stray pools which are the breeding ground of such disease bearing mosquitoes.

There was also a campus cleaning programme associated with the search of accumulated water in an around the college campus. There are about 44 students including the NSS volunteers participated in this event with enthusiasm.



FIG. AWARENESS RALLY AGAINST DENGUE AND CHIKUNGUNYA

12. Awareness camp on Plastic pollution (19/04/2019)

Date of event	19/4/2019	No. of participants	62
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The N.S.S unit 1 of GGDC, Keshiary took a step ahead to make the campus plastic free as per the directions from the Regional Director, Regional Directorate of NSS, Ministry of Youth Affairs and Sports. As an initial step, on **19/04/2019** there was a guidance class by Dr.Susanta Kumar Maity, NSS Programme Officer. The programme was inaugurated by Dr.Kalyanasis Bhattacharyya, NSS member. The class gave a detailed description of types of plastics and how they can be replaced.

The main motto of the program was to eradicate the use of plastic. Totally 12 staff members and 50 students of the college were actively involved in the program. The NSS volunteers have taken an initiative to organize a program of plastic free around the campus. The volunteers will work in the span of two hour. All the volunteers were divided into four groups Campaign around the campus. Holding pluck cards volunteers were reaching all the shops nearby area and made sure the rules and regulations about the usage of plastics are followed. Awareness was made on all the harmful effects of plastic on environment. Volunteers give all the details of the vendors and distributors of paper covers to shop keepers. The NSS volunteers and other students, the teachers and non-teaching staff actively participated in the rally and also in this drive by collecting the plastic waste from in and around the college campus. The NSS volunteers visited the adopted village and conducted an awareness rally about the evil effects of the use of plastics and the ways to manage them.





Fig. Awareness camp on Plastic pollution-teachers and students collect the plastic and it stored in a save place.

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NATIONAL SERVICE SCHEME (NSS)

UNIT-1

GOVERNMENT GENERAL DEGREE COLLEGE, KESHIARY

UNDER

VIDYASAGAR UNIVERSITY



**ANNUAL REPORT OF THE ACTIVITIES OF NSS UNIT-I
(2019- 2020)**

1. Pledge for Life Campaign – Tobacco free Youth with NSS on 10/06/2019

Date of event	10/6/2019	No. of participants	40
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Number of children getting addicted to tobacco is on rise in west Bengal. Taking serious note of this grave scenario, Govt. General Degree College, Keshiary launched 'Pledge for Life – Tobacco Free Youth' campaign in collaboration with Dept. of Health and family welfare, Office of the Chief Medical Officer of Health, Zilla Swastha Bhawan, Paschim Medinipur to protect youngsters from tobacco. A seminar supported by an awareness programme regarding Tobacco control, VBD control & prevention and HIV-AIDS prevention with related magic show was held in our college on the occasion of NSS programme. Dr. Rabindra Nath Pradhan, Dy. CMOH-II & NTCP team was present to conduct this programme & Magician B.N. Ghosh was performed in this NSS. While addressing the gathering, Dr RabindraNath Pradhan, dy. CMOH-II, PaschimMedinipur, "The action plan would channelise the youth towards awareness about the ill-effects of tobacco while setting examples of staying tobacco free themselves." He further added that National Service Scheme (NSS) can contribute significantly in preventing the youth from tobacco usage, where 500 children initiate tobacco use every day in W.B. Unfortunately, more than 50% of oral cancer patients who undergo surgery do not survive beyond a year.

Teachers and students also took an anti-tobacco pledge that they will never touch tobacco in their lives and will encourage their family and friends not to do so. Anti-tobacco activities such as pledge for life, drawings etc. will also bring about positive social behaviour change in youngsters."

NSS program officers and student volunteers of the college attended the program. They were sensitized on the issue of tobacco and action plan was developed for college of GGDC. Keshiary. Starting from making their own colleges tobacco free, other anti-tobacco activities such as pledge taking, street plays, poster & debate competitions, etc were also planned. There are about **40** students including the NSS volunteers participated in this event with enthusiasm.





কে বলেছে আপনি ধূমপান ছাড়তে পারবেন না? ভেবে দেখুন আপনি জীবনে যত বড় বড় কঠিন কাজ করে এসেছেন সেগুলির কাছে 'ধূমপান ছাড়া' একটা নগ্ননা কাজ। চেষ্টা করলেই আপনি পারবেন। আর ধূমপান ছাড়া মানে আপনি অনেক দিন সুস্থ ভাবে বাঁচবেন। আপনার পরিবারকে দেওয়া শ্রেষ্ঠ উপহার এটা হতে পারে। তাই কাল থেকে নয়, আজ এখন থেকেই শপথ দিন আর একটাও নয়। আর যারা এখানে তামাকের প্রতি আকৃষ্ট হননি, ভবিষ্যতে তামাক থেকে দূরে থাকার শপথ গ্রহণ করুন।

NO SMOKING

Article 14 of WHO FCTC (Framework Convention on Tobacco Control) prescribes demand reduction measures concerning tobacco dependence and cessation. Under FCTC, World Health Organisation has established MPOWER, the policies of which are proven to reduce tobacco use.

STRATEGY ON TOBACCO CONTROL

MPOWER

- ★ Monitor Tobacco use and prevention policies.
- ★ Protect people from Tobacco smoke.
- ★ Offer help to quit Tobacco use.
- ★ Warn about the dangers of Tobacco.
- ★ Enforce bans on Tobacco advertising, promotion and sponsorship.
- ★ Raise taxes on Tobacco.

National Tobacco Control Programme, DH&FWS, Paschim Medinipur



Fig. Pledge for Life Campaign – Tobacco free Youth

2. Swachh Bharat Summer Internship Programme 2019 (10th June-31st July)

Date of event	10/6/2019- 31.07.2019	No. of participants	55
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In furtherance of the objectives of the Swachh Bharat Summer Internship Programme 2019 aiming at enrolling the students for promoting Swachhta in the village. Under this the students are invited to select a village of their choice and work with the village community for building a lasting system for improving the overall sanitation and hygiene in the village. In this regard we are visited on an adopted village “Arjun geria” under Khajra gram Panchyaet. We are meet all the villagers in this village and we see the sanitation systems, their drinking water systems, bathrooms, drains, ponds and the surrounds of their houses. The volunteers seen the sanitation systems and cleaned it properly. We are also cleaned the drains, roadsides etc. There are about 55 students including the NSS volunteers participated in this event with enthusiasm.



Fig. Awareness camp on Plastic pollution-teachers and students collect the plastic and it stored in a save place.

3. Tree plantation Programme (06/08/2019)

Date of event	6/8/2019	No. of participants	46
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“If you cut a tree, you kill a life. If you save a tree, you save a life. If you plant a tree, you plant a life.”- Trees make the environment cleaner and provide us with oxygen. They’re essential for life to flourish.

Vegetation and green cover are crucial to our eco-system and critical natural resources, seeing as how they produce oxygen, which is essential for the existence and survival of nearly every species on this planet. So, by causing or playing a role in deforestation, we are not only endangering our lives, we are also putting the entire planet at risk.

We know how important trees are to our existence and for the well-being of the planet at large, which is why we have put together a number of slogans to promote afforestation and discourage deforestation and spread awareness among the people about the same.

Another thing, one must keep in mind is the fact that trees not only provide oxygen, which is a basic requirement for life, but also play an immensely significant role in maintaining a balance in the eco-system and keeping the environment clean and healthy. In fact, ecological disruptions or imbalances can lead to droughts, flooding and numerous other calamities and natural disasters that can cause immense harm and destruction to life and property alike, which is why it is imperative that we save trees and conserve them, so as to be able to maintain a balance in the ecosystem and ensure overall health and harmony. To make that happen, we must plant more and more trees to neutralise the damage already done and to save ourselves from the destruction of this planet as well as all forms of life on it. There are about **46** students including the NSS volunteers participated in this event with enthusiasm.





Fig. Plantation Programme –Plantlets were planted by Dr.Susanta Kumar Maity, Assistant Professor in Botany and NSS Programme Officer, Sri Ashok Das, Assistant Professor in Bengali, Sri Kalyanasis Bhattacharyya, Assistant Professor in Political Science and NSS Volunteers

4. Observance of SwachhtaPakhwada by the National Service Scheme (NSS) 01-15th August, 2019

Date of event	1/8/2019- 15/8/2019	No. of participants	50
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All the NSS Units volunteers devoted fifteen days for cleaning our college campus. They will ensure that they clean each and every part of their campus like classrooms, laboratories, libraries, toilets, lawns, roads etc.

Govt. General Degree College, Keshiary, NSS Cell organized “Observance of SwachhtaPakhwada” from 1st August 2019 to 15th August 2019 and conducted the various activities for the benefit of the people in and around TilaboniMahisamura. Our Officer-in-Charge, Dr. Sudipta Chakraborty, initiated the Observance of SwachhtaPakhwadaprogramme and highlighted the importance of cleanliness, sanitation, eliminating open defecation and handling of Bio-degradable & non Bio-degradable wastes. During this awareness programme, NSS Volunteers are participated and conceded out various activities like College Campus Cleaning, Awareness Campaigns, Rallies, Bus Stop Cleaning, Door to Door Campaign, Waste Collection Drives and Street Cleaning, etc. NSS Programme Officer Dr. Susanta Kumar Maity coordinated the teams for the successful completion of this Swachh Bharat Summer Internship Programme. We thank Village representatives, NSS Volunteers, Local peoples who are involved the Observance of SwachhtaPakhwada activities and the thisprogramme for a grand success.

SWACHHTA PLEDGE

Mahatma Gandhi dreamt of an India which was not only free but also clean and developed. Mahatma Gandhi secured freedom for Mother India. Now it is our duty to serve Mother India by keeping the country neat and clean. I take this pledge that I will remain committed towards cleanliness and devote time for this. I will devote 100 hours per year that is two hours per week, to voluntarily work for cleanliness. I will neither litter nor let others litter. I will initiate the quest for cleanliness with myself, my family, my locality, my village and my work place. I believe that the countries of the world that appear clean are so because their citizens don't indulge in littering nor do they allow it to happen. With this firm belief, I will propagate the message of Swachh Bharat Mission in villages and towns. I will encourage 100 other persons to take this pledge which I am taking today. I will endeavour to make them devote their 100 hours for cleanliness. I am confident that every step I take towards cleanliness

will help in making my country clean. There are about 50 students including the NSS volunteers participated in this event with enthusiasm.



Fig. Awareness camp on cleanliness on our college campus, road side and our adopted village Arjungeria

5. Awareness programme on Plastic free campaign 23.11.2019

Date of event	23.11.2019	No. of participants	30
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A program was organized by the NSS unit of GGDC, Keshiary on **23.11.2019**. The event commenced at 3.00 p.m. and went on till 4.30 p.m. The main motto of the program was to eradicate the use of plastic. There are about **30** students including the NSS volunteers participated in this event with enthusiasm. The NSS volunteers have taken an initiative to organize a program of plastic free around the campus. The volunteers will work in the span of 1.30 hours. The NSS volunteers cleaned the entire college campus and made campus free from plastic. They holding pluck cards and reaching all the shops nearby area of the college and made sure the rules and regulations about the usage of plastics are followed. Awareness was made on all the harmful effects of plastic on environment. Volunteers give all the details of the vendors and distributors of paper covers to shop keepers. They took great effort to seek success. The plastic collected was properly treated. The plastic free campus activity got a great support from the management too.



Fig. Awareness camp on Plastic pollution-teachers and students collect the plastic and it stored in a save place.

6. Awareness among local people about AIDS (02/12/2019)

Date of event	2.12.2019	No. of participants	80
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The NSS Unit of GGDC Keshiary had observed World AIDS Day on 2nd December (Monday) instead of 1st December (Sunday) at the college campus and campaign it in its neighbourhood. All the volunteers and students were assembled at the college campus in the morning with the Officer-in-Charge, programme officer and other members. Most of the participants were present at the venue. Dr.SudiptaChakraborty, Officer-in-Charge, Dr Susanta Kumar Maity, the Programme

Officer and Prof. Kalyanashis Bhattacharyya with the other members from among the faculty of the college addressed the students with brief introductory lectures on the significance of the occasion and thus officiate the event. There was a routine campus cleaning programme at the onset of the programme which was followed by the assembly and the brief introducing talks as is mentioned above. A rally was conducted to aware people about the day and the disease. A street theatre on the social stigma in association with the fatal disease was staged by the student-members of the Unit. The play artistically portrayed the plight of the AIDS patients in Indian society especially in the rural background like the locale of Govt. General Degree College, Keshiary which is disheartening and has to be addressed. The awareness campaign in the neighbouring villages was next in the curricula, while the students along with their teachers cum programme officers met and interacted with local people and conducted a canvassing programme on HIV and AIDS. They met the locals with questionnaire covering well known myths regarding AIDS and then explained the biological knowhow of the disease in simple terms and its necessary precautions. After the lunch Dr. Sudipta Chakraborty, Officer-in-Charge and Dr. Maity were presented seminar lecture on the causes and prognosis of the disease. In their lecture Dr. Sudipta Chakraborty and Dr. Maity almost touched every known aspects of the deadly disease. Dr. Chakraborty presented his lecture with a colourful and informative Powerpoint presentation. Professor Chakraborty, himself a biological scientist, beautifully explained maximum technical aspects of the disease in simple and common man's language. Prof. Bhattacharyya though a researcher of Political Sciences, beautifully explained with case histories about the socio-economic factors that are related with this fatal disease and the consequences that the family faces. He also highlighted the moral duties that a society posses to eradicate as well as to support the effected families. Most of the faculty members and many non-unit members of the college came to listen to their lectures.

At the end of his lecture Dr. Maity along with his deputies conducted a quiz competition for the students, and there was a chance to win five token gifts. Many students participated in that competition too. Unit members made this campaign a grand success. They have volunteered in every single event of the day-long programme. The programme ended with a positive note with a vote of thanks conducted by the Programme himself. There are about **80** students including the NSS volunteers participated in this event with enthusiasm.

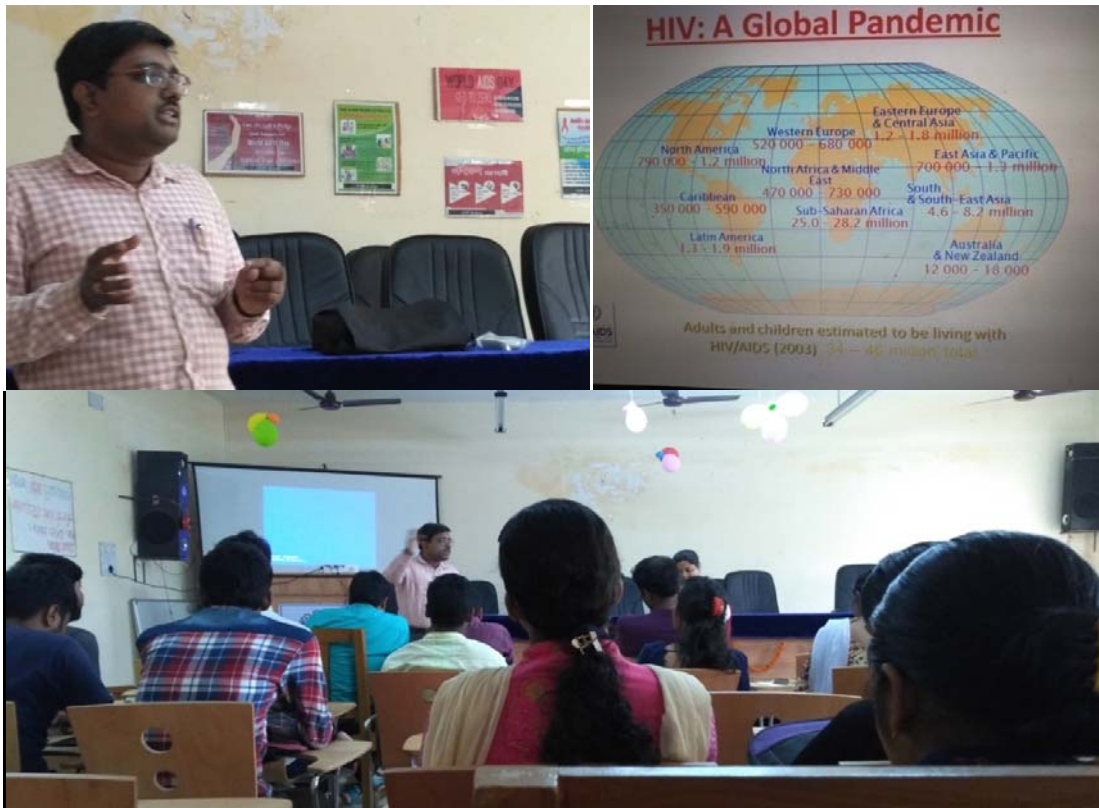


Fig. : Glimpses of the seminar lecture on the HIV-AIDs awareness and prevention by Dr. Sudipta Chakraborty, Officer-in-Charge and Assistant Professor in Zoology, GGDC, Keshiary





Fig. : Glimpses of the seminar lecture on the HIV-AIDs awareness and prevention by **Dr.Susanta Kumar Maity, Assistant Professor in Botany, GGDC, Keshiary**

7. Awareness programme on Covid-19 on 12.03.2020

Date of event	12/03/2021	No. of participants	30
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The NSS Unit-1 of GGDC Keshiaryorganize an **Awareness programme on Covid-19 on 12.03.2020** at the college campus and campaign it in its neighbourhood. The NSS volunteers and students were assembled at the college campus with the Officer-in-Charge, programme officer and other members. Most of the participants were present at the venue. Dr.SudiptaChakrabortty, Officer-in-Charge, Dr Susanta Kumar Maity, the Programme Officer and Prof.Kalyanashis Bhattacharyya with the other members from among the faculty of the college addressed the students with brief introductory lectures on Covid-19.Objective of this program is to improve general quality of life in rural areas by promoting COVID 19 awareness camp regarding usage of the person, how he/she has to be in public places, keep the sanitation, mask etc.In this camp **52** students and 17 teaching staffs were participated, NSS Programme

Officer, NSS Members and NSS Volunteers are actively participated and gained awareness about health and fitness.



Fig. : Glimpses of the seminar lecture on the Covid-19 awareness programme and prevention by Dr.Sudipta Chakraborty, Officer-in-Charge and Assistant Professor in Zoology, GGDC, Keshiary

From 07.05.2020 onwards, the NSS volunteers of GGDC, Keshiary are involved in campaigning for fighting against covid-19 by drawing posters, helping in distribution of ration at the village level and creating awareness in this regard.

The NSS volunteers initiated a program of assigning a task as a challenge every day to create awareness, to engage volunteers, to be creative and active while learning all social responsibilities. Already the task of house cleaning, food/water for birds and animals, home-made mask preparation has been successfully done. The volunteers are actively participating and learning life skills through these activities and also by posting the activities they did in social media, they are educating their family members, friends and the entire community in this regard.



*The above photograph is taken by a member of the NSS Unit while another member is busy in distributing essential food items to the local poor people.



Officer-in-Charge
Govt. Gen. Degree College
Keshiary

Dr.Sudipta Chakraborty
Officer-in-Charge
Government General Degree College, Keshiary



Programme Officer
NSS UNIT-I
Govt. Gen. Degree College
Keshiary

Dr.SusantaKumarMaity
Programme Officer
NSS Unit 1
Government General Degree College, Keshiary



NATIONAL SERVICE SCHEME (NSS)

UNIT-1

**GOVERNMENT GENERAL DEGREE COLLEGE,
KESHIARY
UNDER**

VIDYASAGAR UNIVERSITY



ANNUAL ACTIVITIES REPORT (2020-21)

1. MASK AND SANITIZER DISTRIBUTION

Date of event	12/11/2020	No. of participants	55
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One day Program was conducted on Mask and Sanitizer distribution on 12.11.2020 by GGDC, Keshiary. Students were involved in spreading the awareness about COVID-19 precautions and use of mask and sanitizer to fight against COVID-19 and also distributed free mask and sanitizer to the people during the pandemic. Around 5 students were presents during this social activity.





Mask and Sanitizer distribution

2. Successful observance of 9 P.M. 9 Minutes byclarion callofHon'ble Prime Minister of India

Date of event	08/4/2021	No. of participants	50
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NSS Volunteers & Programme Officer of NSS UNIT, GGDC KESHIARY along with all the Countrymen responded towards the call of Hon'ble Prime Minister to switch off the Light for 9 min at 9 p.m. in the Country to show reverence to the COVID Warrior & also to eradicate COVID 19. NSS Volunteers have actively taken part in this clarion call made by Hon'ble Prime Minister to make our India COVID free. There are about 20 students including the NSS volunteers participated in this event with enthusiasm.



Sudipta Chakraborty
Officer-in-Charge
Govt. Gen. Degree College
Keshiary

Dr.Sudipta Chakraborty
Officer-in-Charge
Government General Degree College, Keshiary

Susanta Kumar Maity
Programme Officer
NSS UNIT-1
Govt. Gen. Degree College
Keshiary

Dr.SusantaKumarMaity
Programme Officer
NSS Unit 1
Government General Degree College, Keshiary



NATIONAL SERVICE SCHEME (NSS)

UNIT-1

**GOVERNMENT GENERAL DEGREE COLLEGE, KESHIARY
UNDER**

VIDYASAGAR UNIVERSITY



Action Report on activities at a Galance (2021-22)

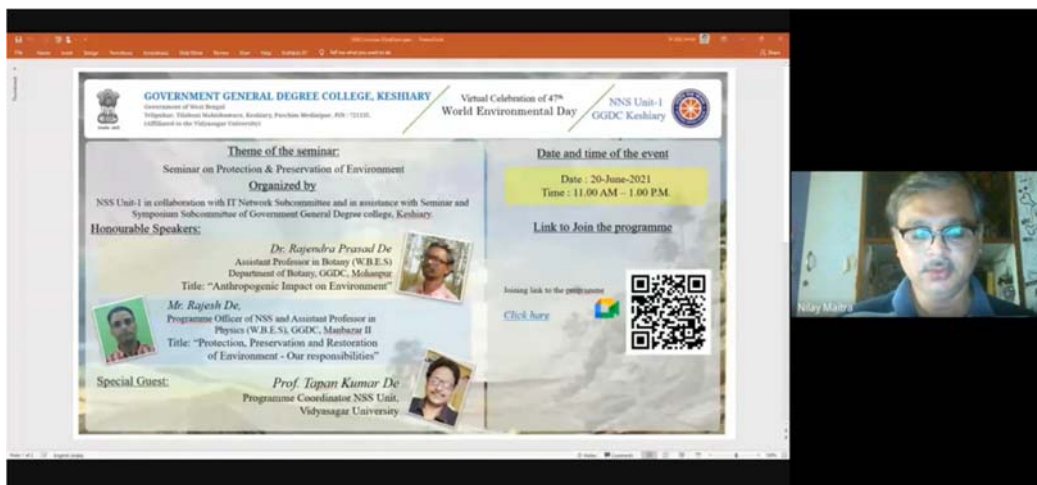
1. WEBINAR ON PROTECTION & PRESERVATION OF ENVIRONMENT

Date :20-June-2021 Time : 11.00 AM – 3.00 P.M

Date of event	20/06/2021	No. of participants	50
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Global warming is one of the most important environmental problems that affect all the natural ecosystems and biodiversity of the world. Due to the fragile environment, ecosystems are the most vulnerable to the impact of global warming. Global warming will not only threaten the biodiversity, but also affect the socio-economic condition of the indigenous people. Various activities like habitat loss, deforestation, clear felling and overexploitation amplify the impact of climate change. Therefore, some management initiatives should be taken for mitigating climate change. Therefore, more research work needs to be carried out to monitor the trend of climate change and susceptibility of biodiversity.

The lecture was an awareness oriented programme supported by a Power Point presentation. Professor Rajendra Prasad De, Assistant Professor of Botany, Government General Degree College, Mohanpur, lectured on the crisis of environment in the contemporary time. His title of the Speech was Anthropogenic Impact on Environment. He conducted an interactive session once the main lecture was over. Many students submitted their personal problem queries without divulging their identity. The session lasted till 12 noon. Another session has started on 12 noon and the speaker is Prof. Rajesh De, Programme Officer of NSS and Assistant Professor in Physics (W.B.E.S), GGDC, Manbazar II and his *title of the Speech* : “*Protection, Preservation and Restoration of Environment -Our responsibilities*”. Excellent participation recorded today and we are so elated to watch the spontaneous participation of the local people in such a modern counseling cum seminar presentation in this socio-economically backward area. The programme ended with the Programme Officer’s vote of thanks.



2. Earth day celebration and campaign Plastic Free Campus

Date of event	22/04/2022	No. of participants	110
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The NSS Unit of the Government General Degree College, Keshiary has successfully organised a seminar and a '**Plastic Free Campus**' campaign to mark the Earth Day today (22.04.2022) at 2 PM which continued for more than an hour. The members of the NSS Unit and all other faculty members of the college joined the campaign and cleaned plastic garbage over a large area across the campus. The Programme Officer of the Unit, Dr Susanta Kumar Maity, Assistant Professor of Botany, conducted the said events and led the unit members, the students and all other participants namely the faculty members and non-teaching staff to join and take part in the cleaning process. Ignoring the scorching heat the most of the students including the NSS volunteers participated in this event with palpable enthusiasm. The programme was inaugurated by Prof. Kalyanasis Bhattacharyya followed by an excellent speech of Dr. Susanta Kumar Maity with audio-visual presentation to a packed audience in the seminar room of the college. Other members of the unit and Prof. Inder Mukherjee, the Secretary of the Teachers' Council also shared their valuable relevant thoughts on the issue. The speakers tried to enlighten the students about the significance of observing the Earth Day and how their participation in and off the campus can ensure our planet from future environmental disasters.

The main motto of the program was to eradicate the use of plastic. Totally 10 staff members and 100 students of the college were actively involved in the program. The NSS volunteers have taken an initiative to organize a program of plastic free around the campus. The volunteers will work in the span of one hour. All the volunteers were divided into four groups Campaign around the campus. Holding pluck cards volunteers were reaching all the shops nearby area and made sure the rules and regulations about the usage of plastics are followed. Awareness was made on all the harmful effects of plastic on environment. Volunteers give all the details of the vendors and distributors of paper covers to shop keepers.



Fig. Dr. Susanta Kumar Maity, Assistant Professor in Botany and NSS Programme Officer GGDC, Keshiary presented a seminar lecture on world No-Tobacco Day Earth day celebration and campaign Plastic Free Campus



Fig. Cleaning programme in our college campus

3. Observation of world No-Tobacco Day: - 31.05.2022

Date of event	31/05/2022	No. of participants	100
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The harmful impact of the tobacco industry on the environment is vast and growing adding unnecessary pressure to our planet's already scarce resources and fragile ecosystems. Tobacco kills over 8 million people every year and destroys our environment, further harming human health, through the cultivation, production, distribution, consumption, and post-consumer waste.

World No Tobacco Day is celebrated around the world every year on May 31. It was created by the Member States of WHO in 1987 to draw global attention to the tobacco epidemic and the preventable death and disease that it causes. According to the World Health Organisation (WHO), during COVID-19 pandemic, millions of tobacco users intend to quit smoking.

This year, the theme of 'World No Tobacco Day-2022' is "Tobacco: Threat to our Environment". To create awareness regarding 'World No Tobacco Day-2022', and motivate smokers to quit smoking in any form, a pledge taking ceremony was organized by the NSS Units where the pledge was administered to the volunteers under the supervision of NSS Programme Officers Dr. Susanta Kumar Maity. Dr. Sudipta Chakraborty, Officer-in-Charge and Assistant Professor in Zoology, GGDC, Keshariyand the represent of Social Worker of anti-tobacco cell, CMOH, PaschimMedinipurpresented seminar lectures on world No-Tobacco Day: Clinical and Social Implication.

Everyone took the pledge to spread awareness of the risks of tobacco consumption and work to reduce tobacco consumption in India. Everyone promised to

lay the foundation for a healthier India. They promised to keep their surroundings clean and tobacco-free. 100 volunteers were participated and helped to craft successfully completion of this programme.

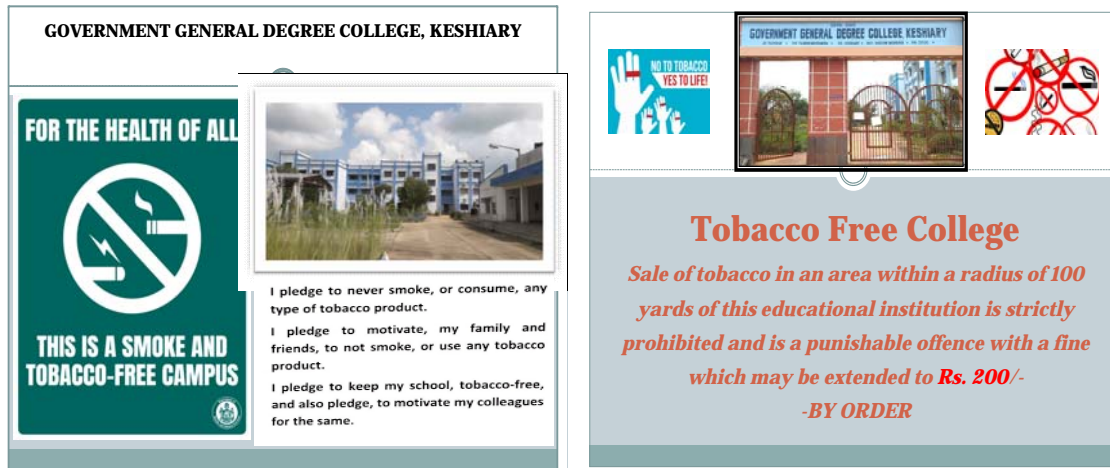


Fig. Dr. Sudipta Chakraborty, Officer-in-Charge and Assistant Professor in Zoology, Dr. Susanta Kumar Maity, Assistant Professor in Botany and NSS

Programme Officer GGDC, Keshiary presented a seminar lecture on world No-Tobacco Day



Fig. Awareness rally against world No-Tobacco Day outside the college campus

Sudipta Chakraborty
 Officer-in-Charge
 Govt. Gen. Degree College
 Keshiary

Dr.Sudipta Chakraborty
 Officer-in-Charge
 Government General Degree College, Keshiary

Susanta Kumar Maity
 Programme Officer
 NSS UNIT-I
 Govt. Gen. Degree College
 Keshiary

Dr.SusantaKumarMaity
 Programme Officer
 NSS Unit 1
 Government General Degree College, Keshiary



NATIONAL SERVICE SCHEME
(NSS)

UNIT-1

**GOVERNMENT GENERAL DEGREE COLLEGE,
KESHIARY**

UNDER

VIDYASAGAR UNIVERSITY



ANNUAL REPORT OF THE ACTIVITIES OF NSS UNIT-I

1. International day against drug abuse

Date of event	27/06/2022	No. of participants	80
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Objective: To eradicate drug abuse and ban on drug illicit trafficking to make the society free from drug abuse.

Programme: An awareness camp against drug abuse and illicit trafficking was celebrated at our college by the NSS volunteers. A rally was held on 27-06-22 in the college premises. An awareness meeting on this day was organized and Dr. Susanta Kumar Maity, Programme Officer and Assistant Professor in Botany presided for the programme. This awareness programme jointly conducted by the NSS Unit-1 and dept. of health and family welfare, Office of the Chief Medical Officer of health, PaschimMedinipur. All the faculty members have attended delivered lecture on the antidrug campaign, the measures to eradicate drug abuse and ban on drug illicit trafficking to make the society free from drug abuse. All the students were learn the harmful effects of tobacco. In this programme a quiz competition also held. About 80 volunteers were participated and helped to craft successfully completion of this programme.

Outcome: Students gain the information about the measures to be taken in eradication of Drug abuse.



Awareness programme jointly conducted by the NSS Unit-1 and dept. of health and family welfare, Office of the Chief Medical Officer of health, PaschimMedinipur.

2. Swachh Bharat Programme 2022

Date of event	16/09/2022	No. of participants	50
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In furtherance of the objectives of the Swachh Bharat Programme on 16.09.2022 aiming at enrolling the students for promoting Swachhta, i.e., cleanliness in the village. Under this programme the students are invited to select a village of their choice and work with the village community for building a lasting system for improving the overall sanitation and hygiene in the village. In this regard we are visited on an adopted village *Telipukur* under Kusumpur Gram Panchayat. The unit met all the villagers in this village and saw the sanitation systems, their drinking water systems, bathrooms, drains and the surrounding of their homes. The volunteers seen the sanitation systems and cleaned it properly. We are also cleaned the drains, roadsides etc. Volunteers became aware about the importance of cleanliness and participated enthusiastically in cleaning the areas surrounding their vicinity. About 50 volunteers were participated and helped to craft successfully completion of this programme.



NSS Unit volunteers of the College organized several Swachhta related activities that included plantation drives, cleaning of bus stand, roads in and around the college.

NSS 7 DAYS SPECIAL CAMP REPORT (from 12th to 18th October, 2022)

3. Activity of 12th October 2022:

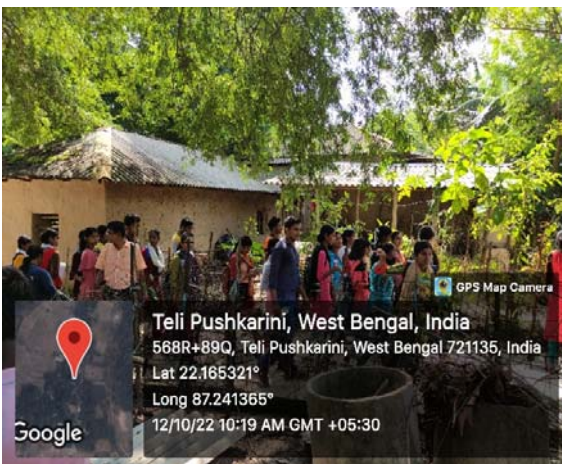
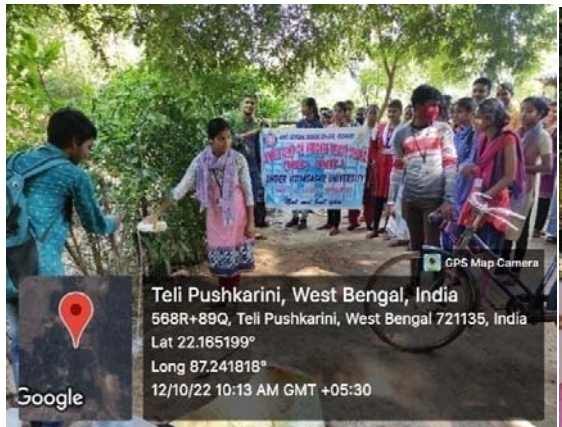
Date of event	12/10/2022	No. of participants	50
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All the Volunteers and the organizers were eagerly waiting for the beginning of the seven days special NSS camp, scheduled to be held during the Puja vacation from 12.10.2022 to 18.10.2022 at Telipukur village under Kusumpur Gram Panchayat, adjacent to our college. Students were already well prepared for this programme since long. The camp officially got underway under the leadership of Dr. Susanta Kumar Maity, Programme Officer of the NSS unit and the unit members Sri Ashok Das and Sri Kalyanasis Bhattacharya, assisted him.

On the first day of the camp, at morning everybody assembled at the premises of the college. Then the Unit reached the said village in fifteen minutes. On reaching the site the volunteers conducted a cleaning programme taking some villagers with them. They used the disinfectants like bleaching powder, liquid phenyl and muriatic acid. After that event the Unit sat with the residents of Telipukur to talk about the recurring health hazard they are facing from diseases from mosquito bite. The Programme officer Dr. Susanta Kumar Maity and his unit members discussed with them the precautionary measures regarding fighting against such illness. Some of the enthusiastic participants asked many questions to the faculty members of the college and they were visibly satisfied by the answers. The field visit concluded around 11 AM. The Unit returned to the college premises to continue with the other scheduled programmes.

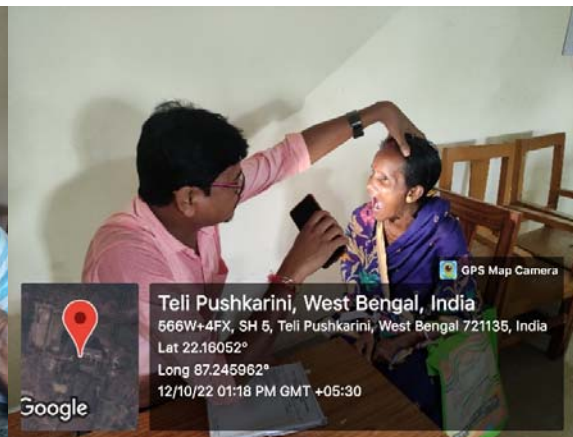
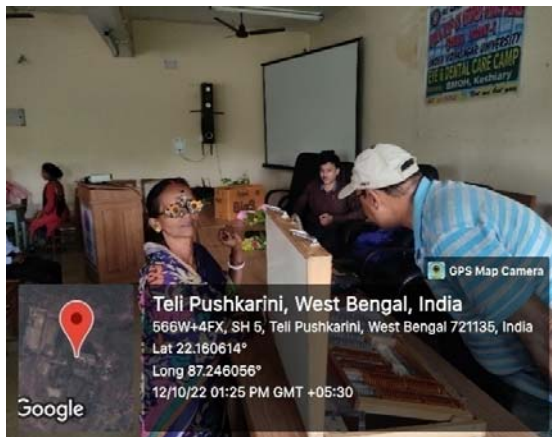
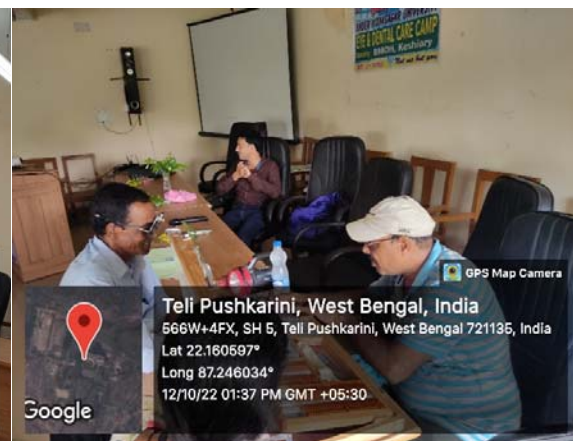
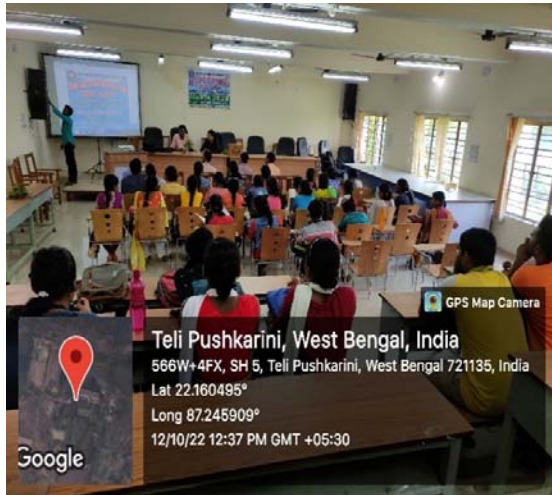
A unit of three doctors from Keshiary Block health centre visited the college at around 11:30 AM. Dr. Dhananjay Hansda (Dental Consultant), Dr. Jyotirmoy Bera (M.O. School Health, Keshiary Block), and Dr. Tarun Kumar Mandal (Eye Specialist) conducted health check up of the students of the college and some local residents. They gave lectures on different ocular problems and other health issues. The students of the Unit participated in the interactive session. On successfully conducting the health camp the Unit was suspended for lunch. In the post lunch session the doctors enlightened the members about First Aid procedures. They thoroughly informed the participants about the probable health issues which can be taken care of through the presence of mind and a little care through First Aid procedures.

The session was palpably engrossing and the participants continued for another two hours till 4 P.M. The first day was a great success with a good attendance and lively talk and interactions. The programme ended formally with a brief vote of thanks.





The volunteers conducted a cleaning programme in the adopted village. They used the disinfectants like bleaching powder, phenyl and muriatic acid.





Awareness Programme on EYE and DENTAL camp

4. Camp Activities on 13th October 2022:

Date of event	13/10/2022	No. of participants	50
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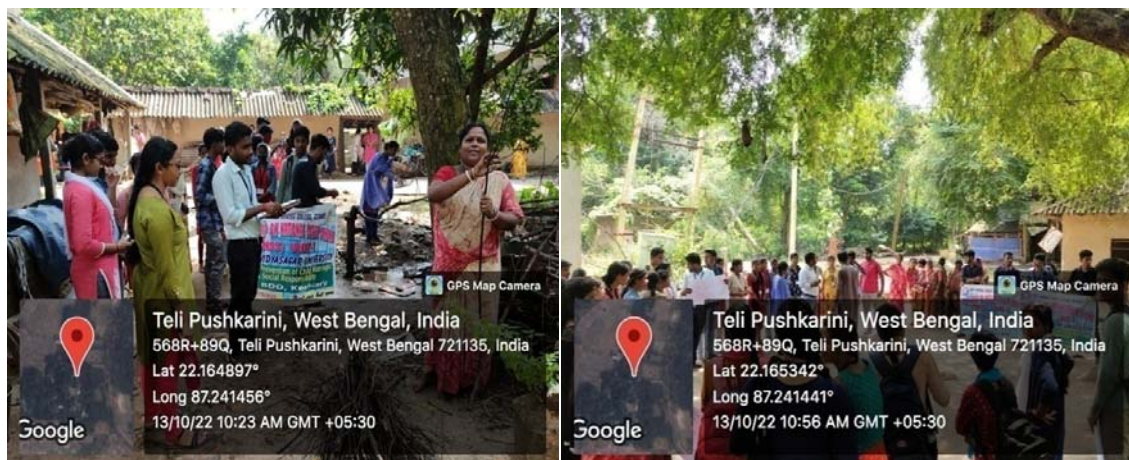
On the second day of the NSS Camp the Unit members gathered around the venue at 9 AM in the morning. Programme Officer Dr. Susanta Kumar Maity took the members to Telipukur village. On reaching the village the Unit identified an area and then they started cleaning and sanitization programme. All the members duly participated with enthusiasm. They conducted the programme in those parts of the village which have not been attended yesterday. After the cleaning programme the Unit staged a street drama on awareness against dowry system. More than fifteen student volunteers participated in the

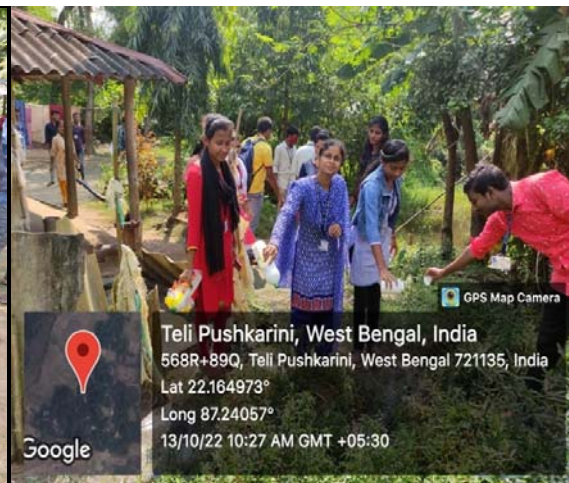
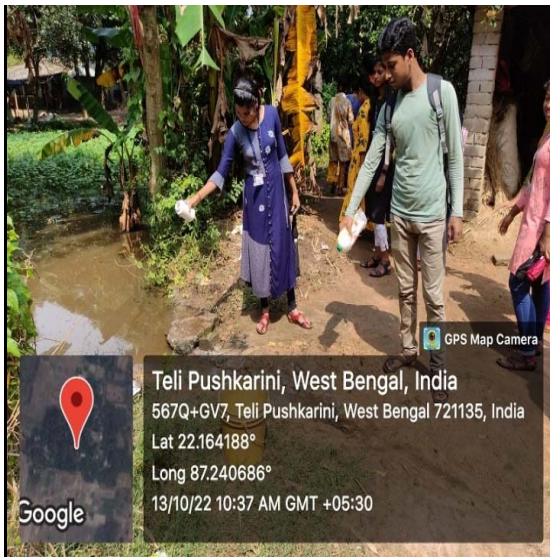
play. It was staged in front of a host of local residents and was appreciated with huge applauds.

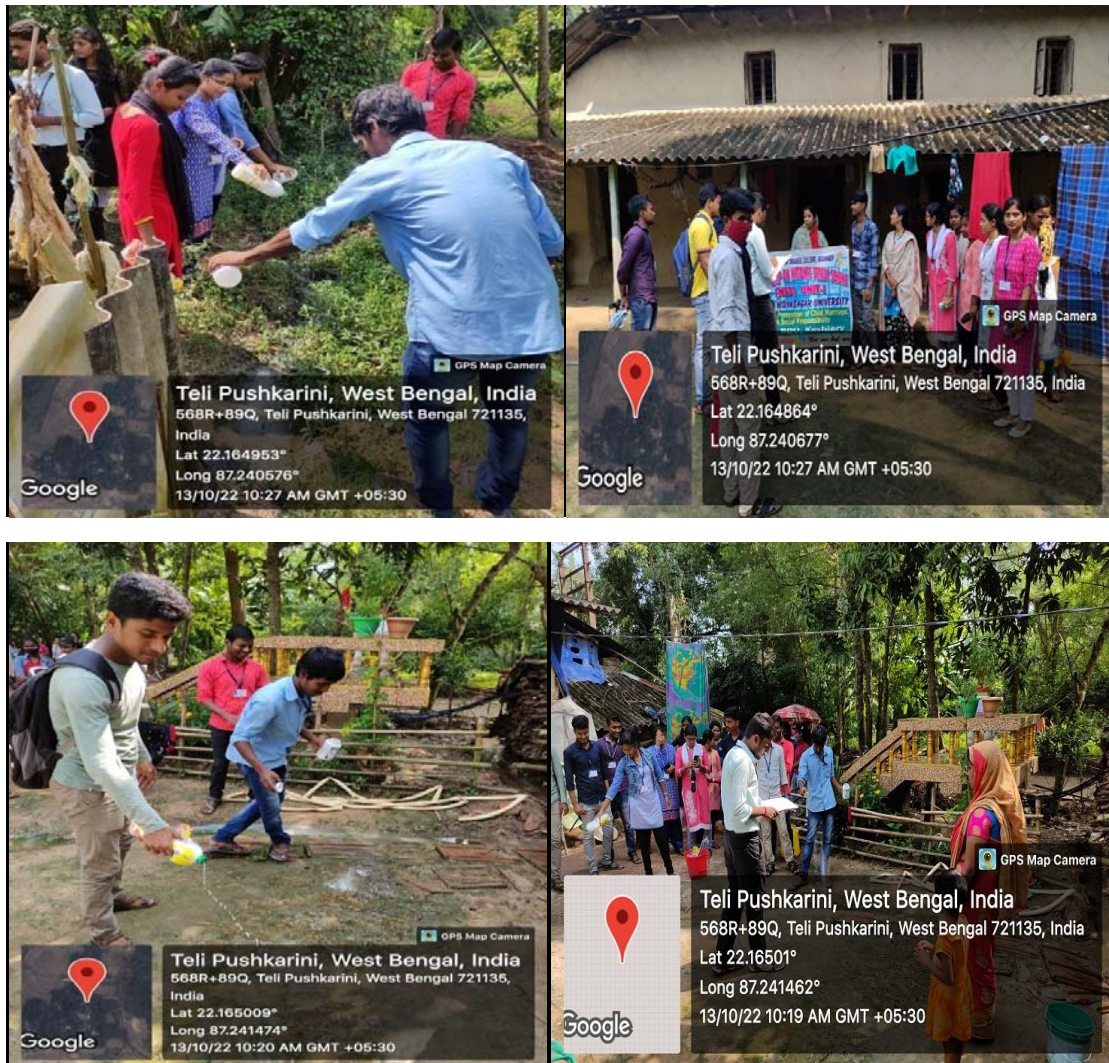
On reaching the campus after site visit a lecture series was organized on the awareness regarding child marriage and other related issues. The speakers were Mr. Biplab Datta, Block Development Officer, Keshiary, local Panchayet Pradhan Mrs. Sonali Ghorai, Kusumpur Gram Panchayat, Police Sub-Inspector Mr. Monaranjan Sheet, Keshiary Police Station and Mr. Suwendu Sahoo Block Welfare Officer, Keshiary. They gave valuable lectures on the theme issue: ***Prevention of Child Marriage: A Social Responsibility***. The lecture session was followed by an interactive session where the speakers encountered different questions.

With such enlightening lectures the second session of the day ended. This session was introduced by Prof Inder Mukherjee, Assistant Professor of History, GGDC Keshiary. And the vote of thanks was delivered by the Programme Officer, Dr Susanta Kumar Maity. The Unit left the lecture hall for the day's lunch break.

The post lunch session began around 2:45 PM. This session focused on the issue of Child Sexual Abuse and related legal remedies available in India. Sri Ashok Das introduced the session, which was followed by Sri Kalyanasis Bhattacharyya and Dr Maity's lectures on the issue with audio-visual presentation. The volunteers participated in the interactive session. This session lasted till 4:30 PM. Overall it was a very successful day in terms of content of awareness programmes, reach out programme at the local village, and participation among the students of the college, local people and of course the volunteers of the Unit.

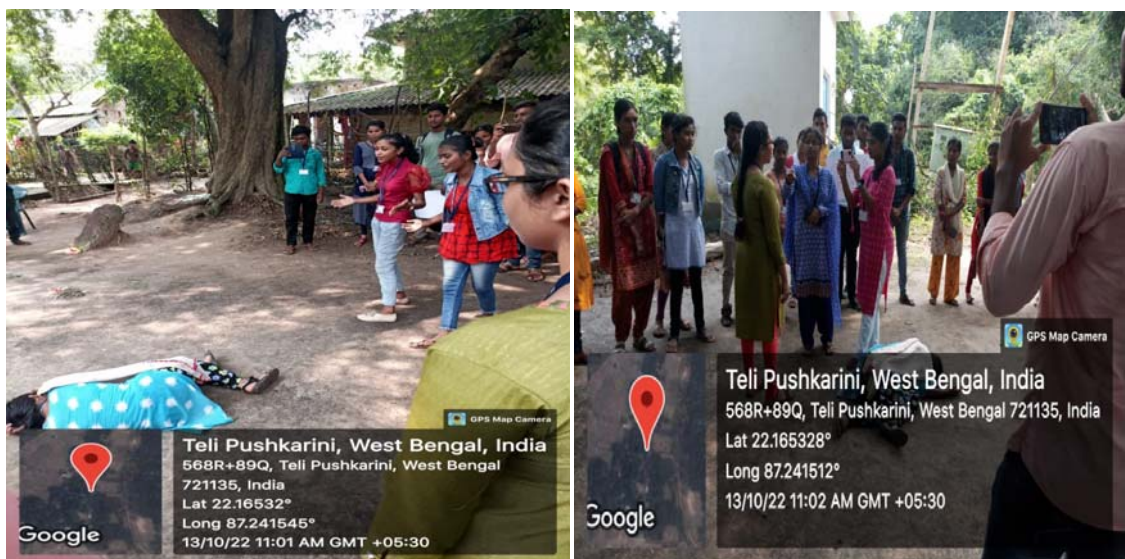




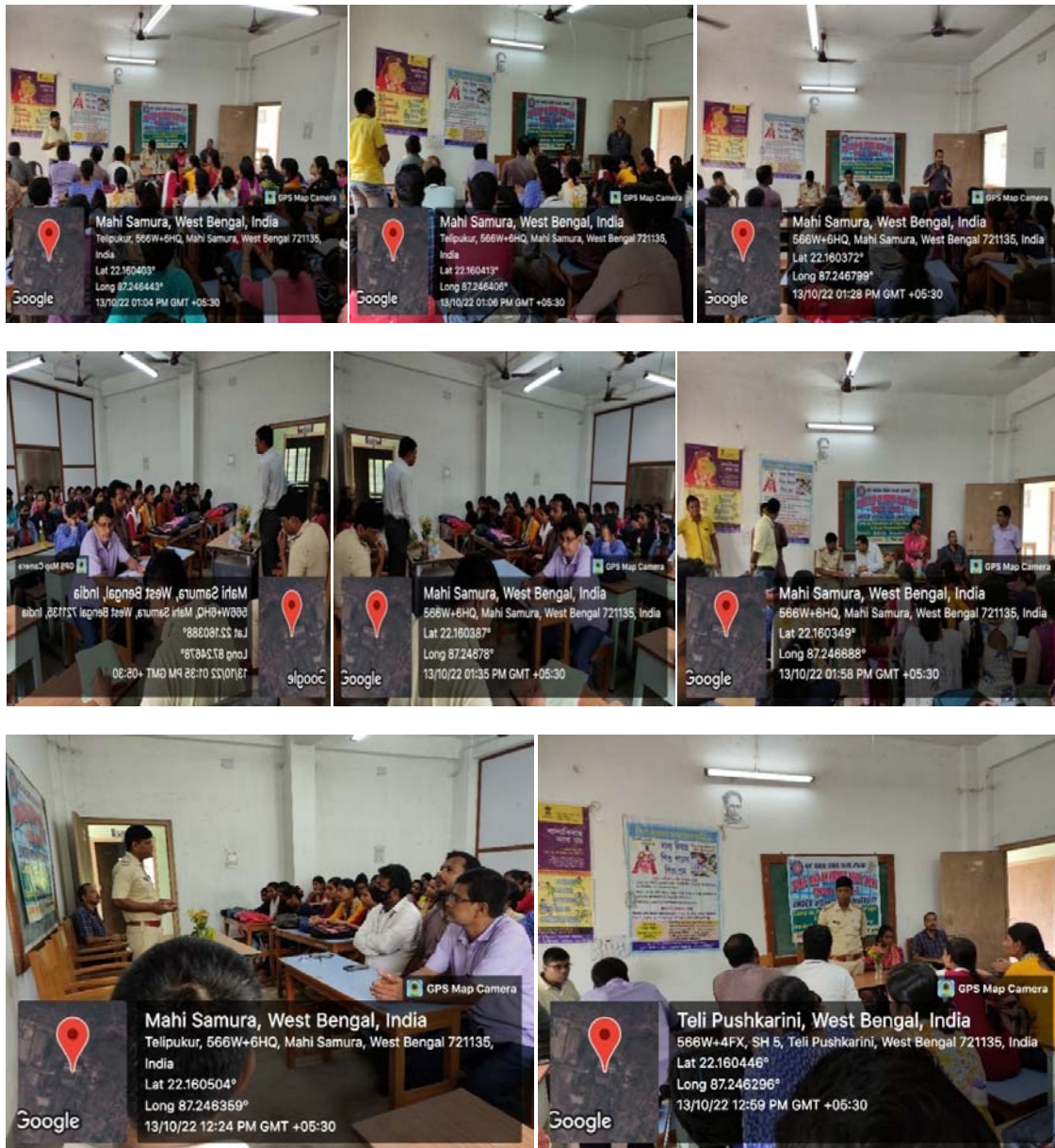


NSS volunteers conducted a cleaning programme. They used the disinfectants like bleaching powder, liquid phenyl and muriatic acid etc. After that event the Unit sat with the residents of Telipukur to talk about the recurring health hazard they are facing from diseases from mosquito bite, snake bite etc.





NSS volunteers staged a street drama on awareness against dowry system



The speakers were Mr. BiplabDatta, Block Development Officer, Keshiary, local *Panchayet Pradhan* Mrs. SonaliGhorai, Kusumpur Gram Panchayat, Police Sub-Inspector Mr.Monaranjan Sheet, Keshiary Police Station and Mr. Suvendusahoo Block Welfare Officer, Keshiary. They gave valuable lectures on the theme issue: *Prevention of Child Marriage: A Social Responsibility*.

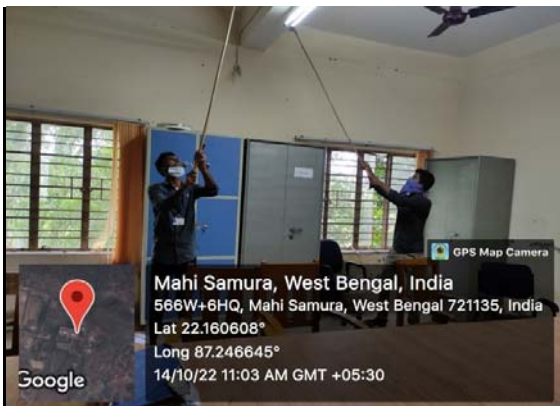
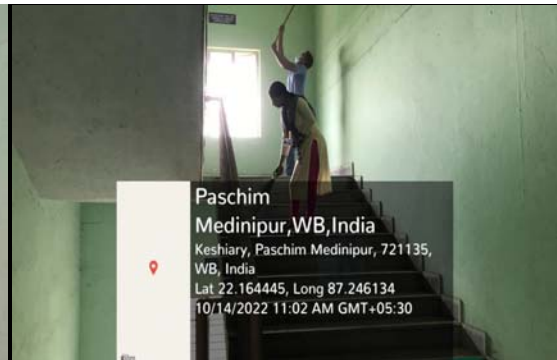
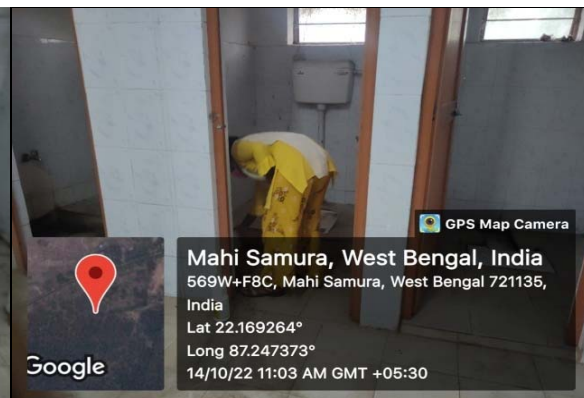
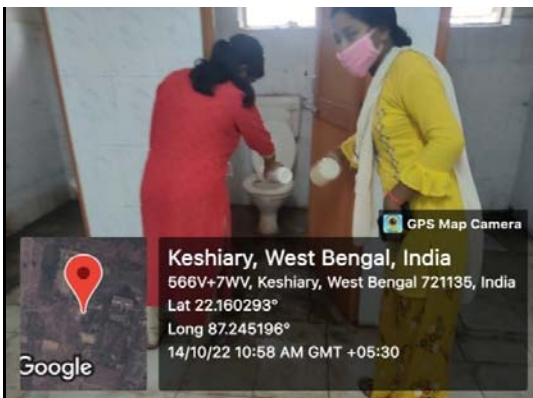
5. Camp Activities on 14th October 2022:

Date of event	14/10/2022	No. of participants	50
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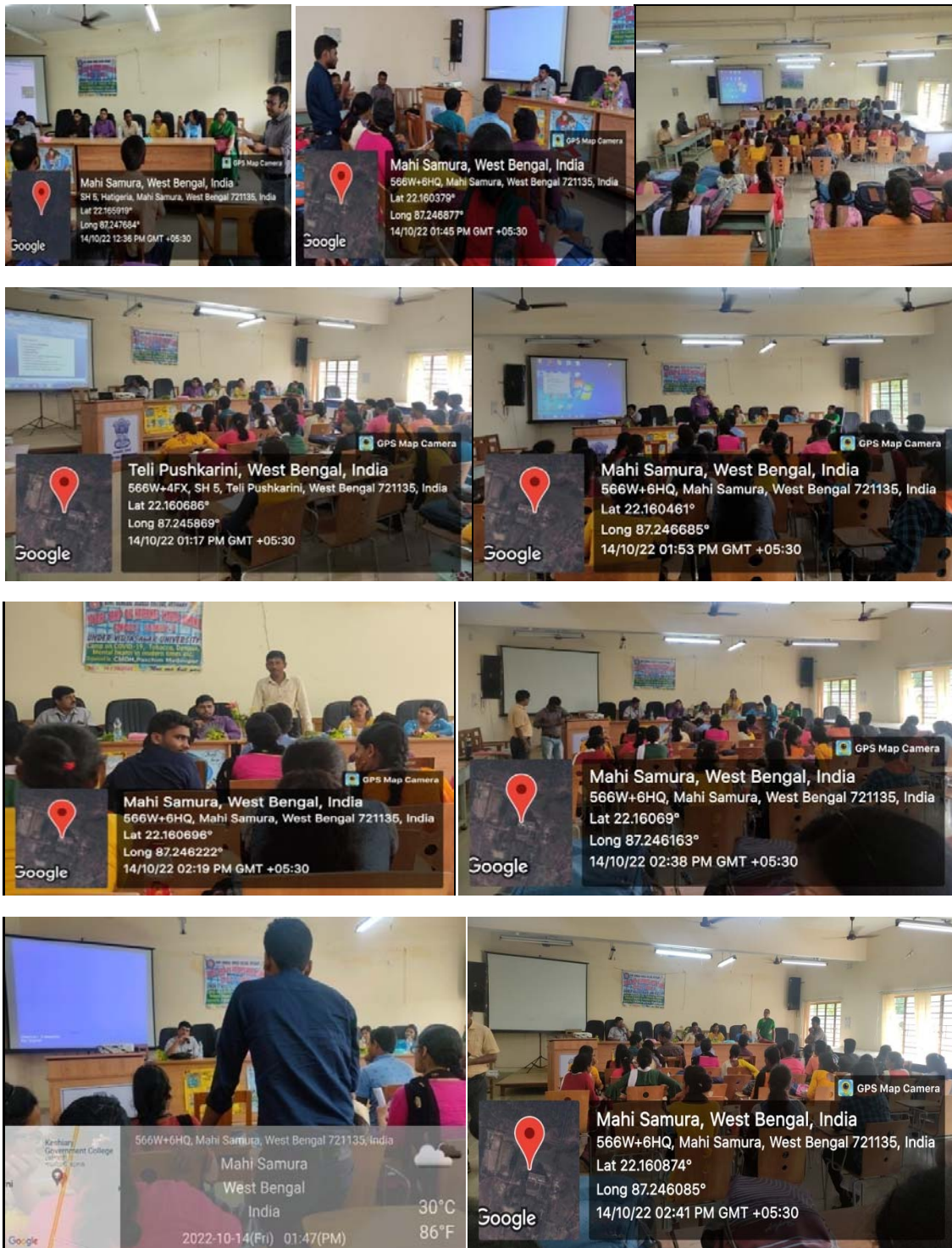
The NSS Unit – 1 of GGDC, Keshiary had assembled at the college gate around 9 AM in the morning. Once all the members were present the unit moved to the nearby village and like a daily ritual conducted cleaning and sanitization of some areas of that village. Some local people also participated. The volunteers discussed different health issues with the local residents. The NSS team could find fewer male members, since they were busy in cultivation work, hence the Unit met mostly female residents and discussed about several social issues like girl child marriage, dowry system and domestic violence. Issues like nutrition and diseases were also featured in their discussion.

After the village meet the volunteers conducted a complete cleaning of the college. They were helped by the teaching members and non-teaching staffs of the college. Every corner of the college building was cleaned by the team. They were tired but steadfast in their deed.

The next scheduled programme was panel discussion on different diseases and their remedies by doctors, paramedics, and the medical supporting staffs from the local Block Hospital and from Midnapore Medical College. Dr. SumanPandab, Medical Officer, RBSK, Dr. JyotirmoyBera, Medical Officer, RBSK, Pankaj Kumar Panda, PSW, DMHP, MMC & H, Rupali Das, Councillor, Keshiary Rural Hospital, Mr. BadalSantra, ORW, SPARSHA, MithuSamaddar, Peer Councillor, SPARSHA, PutulPanigrahi, HS (F), Keshiary Rural Hospital were present in this Programme. It was an engrossing session covering HIV, dengue, Covid-19, other STDs, Thalassaemia, Tuberculosis and Mental Health conditions. The doctors and the other health workers informed the audience about the causes and the symptoms of that host of illness and their treatment respectively. There were questions from the audience to all of the guests and that were satisfactorily responded. Around 3 PM the session ended and the guests were taken for taking lunch with the volunteers. Because of higher numbers of resource persons this session took longer than usual, therefore, the last session was shifted to 4 PM. The Programme Officer Dr. Susanta Kumar Maity, SriAsok Das and SriKalyanasis Bhattacharyya conducted an interactive session with the students on the issues that have so far been featured in this camp. The topics were varied like gender sensitization, dowry, child marriage, domestic violence, social justice and issues of women's rights. The participants shared their own experience regarding the issues and asked many questions as well. Dr Maity the vote of thanks and called it a day at 5:10 PM.



The volunteers conducted cleaning programme on our college campus.



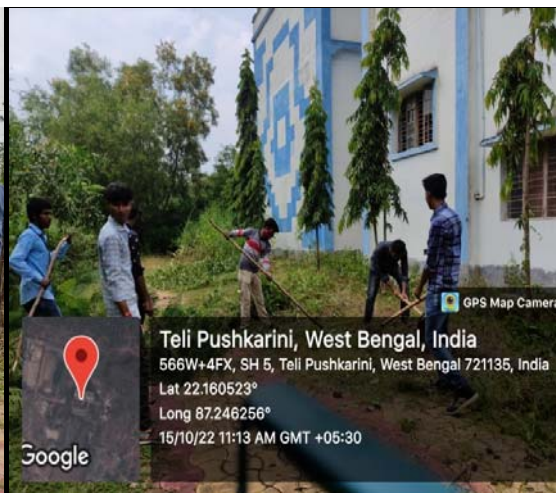
Dr. SumanPandab, Medical Officer, RBSK, Dr. JyotirmoyBera, Medical Officer, RBSK, MR. Pankaj Kumar Panda, PSW, DMHP, MMC & H, Dr. Rupali Das, Councillor, Keshiary Rural Hospital, Mr. BadalSantra, ORW, SPARSHA, Mrs.MithuSamaddar, Peer Councillor, SPARSHA, Mrs. PutulPanigrahi, HS (F), Keshiary Rural Hospital were present in this programme and **discuss on different diseases and their remedies like HIV, dengue, Covid-19, other STDs, Thalassaemia, Tuberculosis and Mental Health.**

6. Activity of 15th October 2022 :

Date of event	15/10/2022	No. of participants	50
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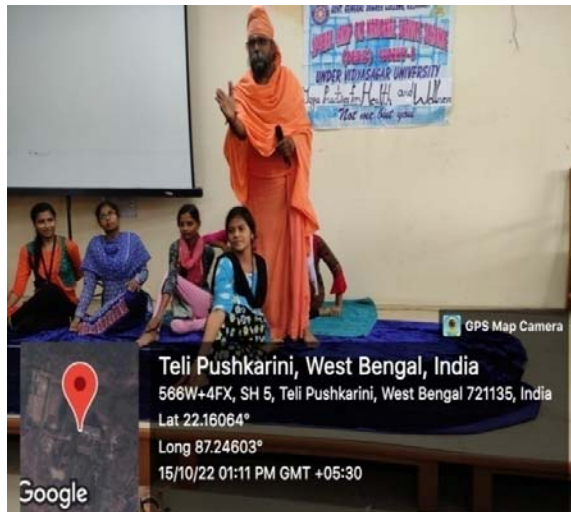
Fourth day of the Seven Days NSS Special camp of GGDC, Keshiary, begun today in the morning with the routine sweeping and dusting programme by the participants under the guidance of the Programme Officer and NSS members followed by field work. Clean environment is an indicator of progress of human being and with the motto of clean environment Government of India has initiated 'Swaccha Bharat Abhiyan'. The NSS unit of GGDC, Keshiary has taken this opportunity and initiated cleanliness drive in and outside the college campus. They also removed the grass and weeds besides the divider and picked up the all plastic garbage from both sides of road. The drive was concluded at main gate of our college. Total 45 volunteers have participated in this event.

On completion of that the participants assembled at the camp for the days lecture and practical session to be conducted by Yogi Ananda Maharaj. In the introductory session in the morning the unit cordially received the key speaker, Yogi Ananda Maharaj and his associates and the faculty members of the college who were present at the camp venue. The chief guest today, a locally very popular yoga trainer, is a monk of an *Ashram* who came all the way from Belda, a nearby town. In a very young age he has earned repute for his technical knowledge over the ancient Indian physical exercise methods and associated food habits and life style for the maintenance of a long and healthy life. In the pre-lunch session he discussed all the theoretical aspects of yoga including its documented history and mythical connections with the nation's past. After the lunch he gave demonstration on various *Ashanas* and *Pranayamas*. Few of the participants took part in that too, others kept on taking notes and recorded audio-visual glimpses of the whole programme. Today's camp saw a good number of participants who came with much enthusiasm to learn Yoga from a person who has devoted his life in learning this ancient practice and is practically surrendered the materialistic and utilitarian life for a monastic life in search of a different philosophy of living. Thus, the experience of the day with a person with exotic lifestyle and his Yoga training was interesting. The programme was concluded in scheduled time with a brief vote of thanks.



College campus cleaning programme





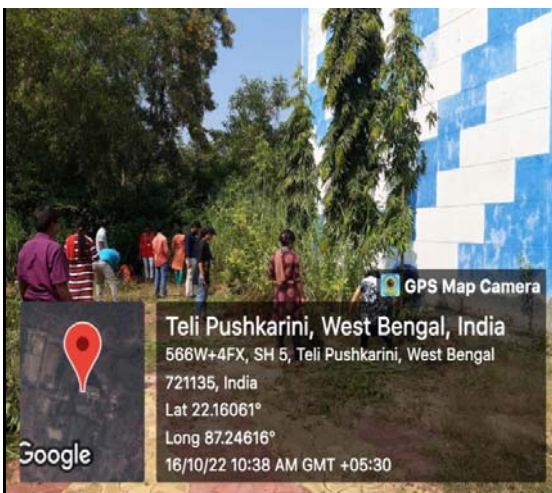
Awareness Programme on YOGA By Yogi AnandaMaharaj

7. Activity of 16th October 2022 :

Date of event	16/10/2022	No. of participants	50
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On this fifth day of the camp, at morning everybody assembled at the premises of the college. First of all we cleaned our college premises till 11'o clock. Then we all met at the camp which was fixed for conducting all the workshops and seminars during the period. The camp officially begun under the leadership of Dr. Susanta Kumar Maity, Programme Officer of the NSS unit and SriKalyanasisBhattachrya and Sri Ashok Das assisted him.

As per the programme schedule approved by the Vidyasagar University the seven days special camp of the NSS unit begun today in the campus of the Government General Degree College, Keshiary. On this day the NSS unit of the college along with the participants from the neighbouring villages had the opportunity to participate in the Legal Awareness Programme which was held in the camp. Learned advocate from the High Court, Calcutta, Mr. AmarnathSukul was invited to conduct the said programme. After cordially receiving the guest speaker and the hosts on the dais the business session begun at 12 noon and went on till 2:45 PM. Mr. Sukul presented a brief but holistic profile of the Indian Judicial System and talked about the varied career opportunities in the field of Law which the students can opt for after their graduation. After this lecture he invited the participants and the teachers to engage with him with different reality based problems and their solutions which were duly reciprocated with enthusiasm. During this interactive session the participants had learned issues related to different civil, criminal and constitutional litigations. There were discussions on the RTI, consumer disputes, legal solution to bureaucratic and police harassments, corruption related grievance redressal, property related contracts and associated disputes, problems related to personal law such as succession rights and marital disputes, domestic violence and contemporary issues like the adultery law amendment and cyber-crime etc. The session was palpably engrossing that the participants wanted to continue the programme after the lunch and likewise at 3:30 the session resumed and it ended at 5PM. The first day was a great success with a good attendance and lively talk and interactions. The programme ended formally with a brief vote of thanks.



Cleaning programme in the college campus



After the cleaning programme the Unit staged a street drama on awareness against Child marriage.



Learned advocate from the High Court, Calcutta, Mr. AmarnathSukul conduct the legal awareness programme.

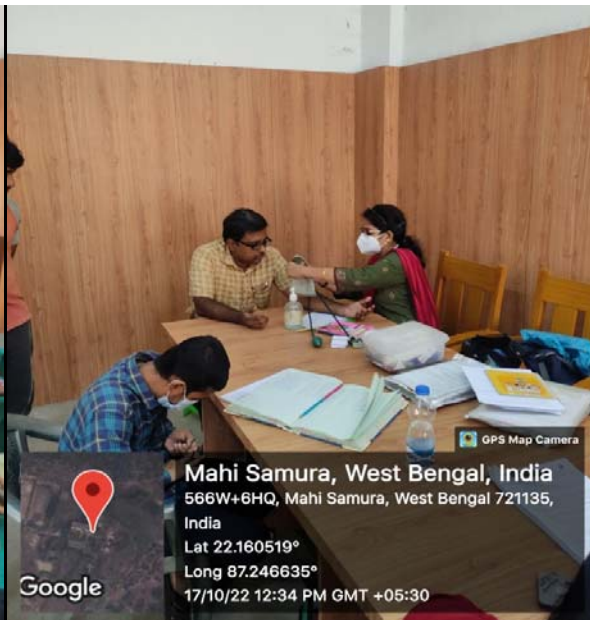
8. Activity of 17th October 2022 :

Date of event	17/10/2022	No. of participants	50
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On the sixth day of the NSS Special Camp at the GGDC Keshiary campus the Unit organised a Blood Donation Camp which was a success. The program was organized by the NSS Unit of our college. Some doctors from our Sub-divisional hospital, Kharagpur also gave their services in the blood donation program. All the people filled out the form before donating blood. After that, the program started at 10.30 am. Many students, teachers, and college staff donated blood and became a part of the program. Few local people also participate in the program. Before donating blood, everyone ate egg, fruits and drank juice. After that, a high-grade doctor gave a speech on the advantages of blood donation. The blood donation program lasted till 2 pm. At the end of the day, candidates successfully contributed their blood in the camp. The members of the Camp were all eager to donate blood, but most of them were declared unfit by the medical team. This incident itself reflects one of the major features of this place. Only one female candidate was found fit to contribute. All the other females found either below standard weight or anaemic. Even maximum male students were not found fit for the service. Dr. Susanta Kumar Maity, the Programme Officer, Sri Kalyanasis Bhattacharyya and Sri Asok Das urged all the students to take care of their health by maintaining healthy lifestyle.

Today's Camp not only participated a genuine social service of blood donation but the donation camp itself remained a venue for social experiment which to some extent exposed the level of malnutrition among the young people of Keshiary Block. The Unit also witnessed the anxiety among the local people in blood donation. Considering all these factors the Unit considers this camp a success and anticipates conducting such programme in future

After that, our Officer-in-Charge, Dr. Sudipta Chakraborty delivered the speech extolling those who had donated their blood. He told the audience that the donated blood would be used for saving the lives of the injured and the sick people. One of the doctor's also addressed the audience saying that the blood donation does not weaken the donors. The recovery takes place very soon. He talked about facts, myths, blood groups related information. The Programme Officer also handed over the certificates to the blood donors. It was followed by a cultural programme. The volunteers of our NSS unit also presented the cultural items. Everybody enjoyed that. The blood donation camp was ended with National anthem. It was certainly a memorable day for us. The NSS unit also decided to donate blood in future also.





Blood Donation Camp

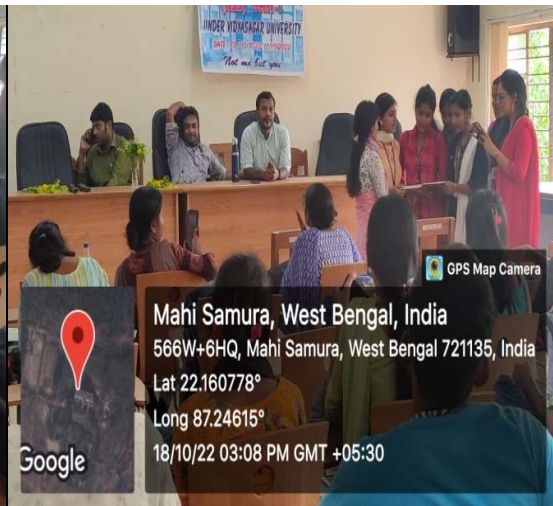
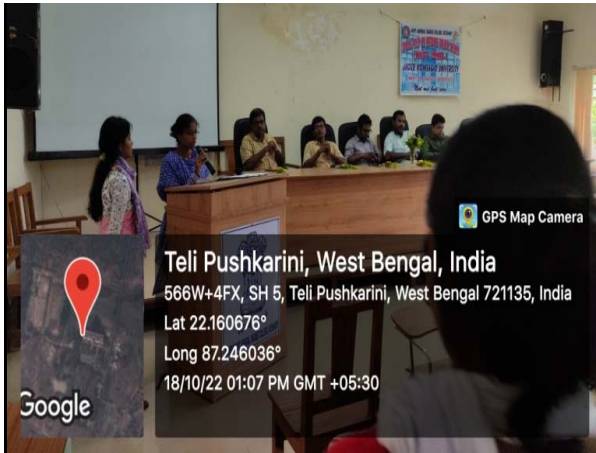
9. Activity of 18th October 2022 :

The NSS special Camp, hosted by GGDC Keshiary, has reached its final day on today, i.e. 18th October, 2022, Tuesday. The Unit assembled at the auditorium for the days scheduled programme. The Officer-in-Charge of the College Dr. Sudipta Chakraborty along with some of the faculty members have attended the inaugural session. The *Pradhan* of the local *Gram Panchayat* Mrs. Sonali Ghorai graced this session with her presence. But due to her professional engagement she did not stay long just after meeting the Unit she left. However, the volunteers received her with due respect. The Programme Officer along with the Officer-in-Charge thanked her for her kind support and requested her to be present in occasions of similar nature. Dr Chakraborty congratulated the Unit for their successful completion of the programme of the NSS Special Camp. He expressed his pleasure at the genuine and keen efforts of the Unit members in reaching out to the local people with different social service and awareness programmes. He felt such programmes would not only fulfill the objectives of the NSS but would underline the role of GGDC Keshiary as an active institution in social transformation as well. Programme Officer Dr. Susanta Kumar Maity greeted the students for their seven days endeavour with so much enthusiasm. He also thanked the College authority and Vidyasagar University for their support in conducting the Camp and wished to forward the objectives of NSS further through regular activities with similar fervour. Other faculty members, too, expressed good gesture and promised to support the Unit in future by all possible means. The teacher members of the Unit Sri Kalyanasis Bhattacharyya and Sri Ashok Das greeted the volunteers and wished to work together with this team in future.

The next business session's main attraction was a cultural programme which was entirely conducted by the volunteers without any guidance from the Unit guardians and they did it pleasantly. They sang, danced, recited poetry and staged short acting performance. The content of their cultural performance highlighted different social issues like women's problems and their rights. The faculty members as well as the programme officer and teacher members of the Unit were visibly enthralled by the performance.

In the valedictory session all the student volunteers shared their experience, views, likes and dislikes on the Camp. Their unanimous opinion is overall they had good time with minor issues of conflict and disagreement. They liked most of the seminars but some of the students expressed their displeasure with the expert who lectured on the issues of Mental Health. The Programme Officer paid heed to all their suggestions and promised to do better in future. Students turned very emotional in the valedictory session and bade adieu to each other with teary eyes and thus a beautiful seven-days social exchange programme concluded.





Cultural Programme

10. Safety Awareness Camp” and “Mock Fire Drill” Held on 15/02/2023

Date of event	15/02/2023	No. of participants	60
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“Safety Awareness Camp” and “Mock Fire Drill” have been conducted on 15/02/2023 at 2.00 PM at our college Garden involving all Staffs, volunteers & Security Personnel. The Camp has been organized by NSS Unit-1 of GGDC, Keshiary. About 60 participants have been benefited in terms of awareness about responsibilities at the time of crisis.

Dr. SudiptaChakraborty, Officer-in-Charge, Dr. Susanta Kumar Maity, Programme Officer of NSS Unit, Shri SkMd Ismail Al Amin, Asst. Professor in Botany gave live demonstration to the Participants on control of fire accident using the Fire tender and Fire-fighting equipments. The Exercise and awareness camp has made real impact in increasing awareness levels of NSS Volunteers, Students, staff and others. Dr. SudiptaChakraborty, Officer-in-Charge, focused on statutory requirements pertaining to safety and prevention of accident and also narrated the provisions of different Acts.



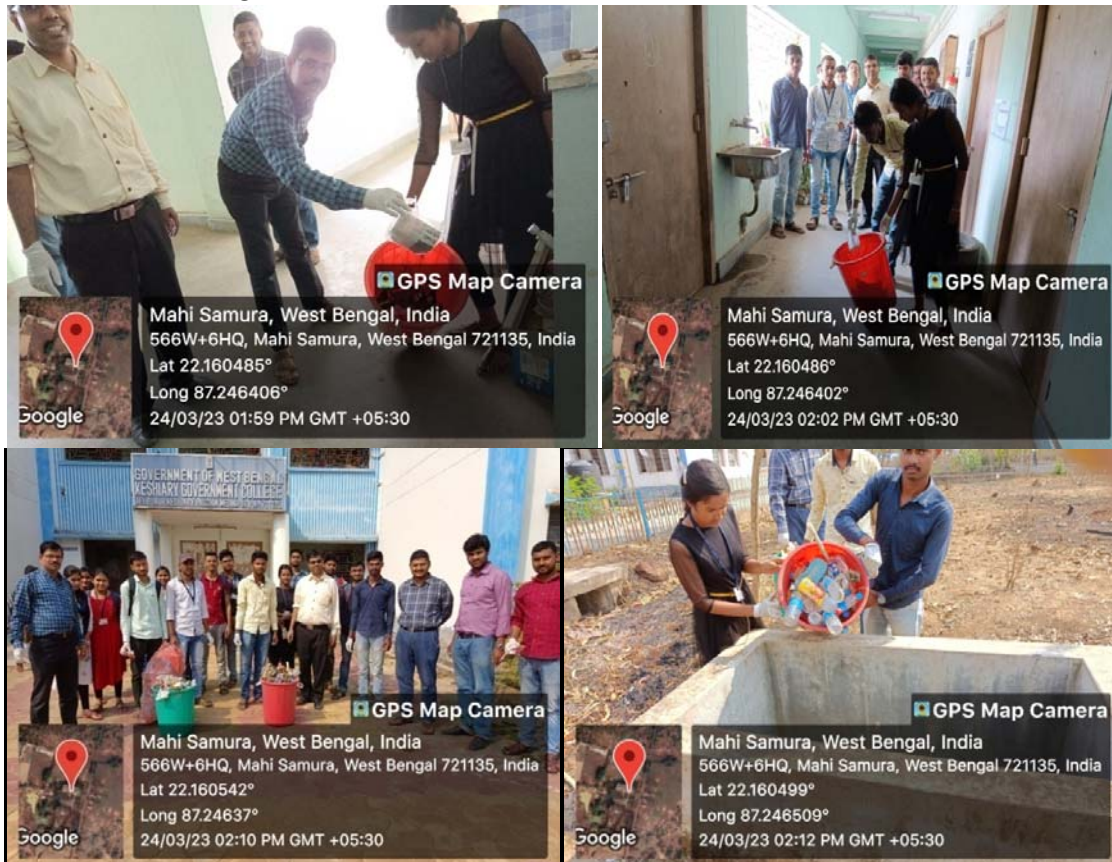
Safety Awareness Camp and Mock Fire Drill

CLEAN AND GREEN

Objective: To awareness the students about environment.

Campus Cleaning A cleaning programme was organised by the NSS unit at the college premises on 24-03-2023 at 01:30pm. Around 30 volunteers and teaching and mom-teaching staff were participated in this noble programme. Three groups were formed and cleaned the premises of the campus. After the cleaning programme refreshments were provided to the volunteers. The work was completed by 2:30pm.

Outcome: Student got the awareness about environmental issues.



Campus Cleaning

11. BLOOD DONATION CAMP REPORT Organized by NSS Unit-1 of GGDC, Keshiary

Date of event	29/03/2023	No. of participants	50
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NSS Unit-1 of GGDC Keshiaryorganised a Blood Donation Camp on **29/03/2023** which was a success. The program was organized by the NSS Unit of our college. Some doctors from our Subdivisional hospital, Kharagpur also gave their services in the blood donation program. All the people filled out the form before donating blood. After that, the program started at 10.30 am. Many students, teachers, and college staff donated blood and

became a part of the program. Before donating blood, everyone ate egg, fruits and drank juice. After that, a high-grade doctor gave a speech on the advantages of blood donation. The blood donation program lasted till 1 pm. At the end of the day, candidates successfully contributed their blood in the camp. The members of the Camp were all eager to donate blood, but most of them were declared unfit by the medical team. All the other females found either below standard weight or anaemic. Even maximum male students were not found fit for the service. Dr. Susanta Kumar Maity, the Programme Officer, Dr. Nilay Kumar Maitra, SriKalyanasis Bhattacharyya and SriAsok Das urged all the students to take care of their health by maintaining healthy lifestyle.

After that, our Officer-in-Charge, Dr. Sudipta Chakraborty delivered the speech extolling those who had donated their blood. He told the audience that the donated blood would be used for saving the lives of the injured and the sick people. The Programme Officer also handed over the certificates to the blood donators. It was certainly a memorable day for us. The NSS unit also decided to donate blood in future also. About 50 volunteers were participated and helped to craft successfully completion of this programme.



Today blood donation camp: Dr. Nilay Kumar Maitra and Dr. Debarshi Mandal donated blood.



Today blood donation camp. Dr. SudiptaChkraborty, Officer-in-Charge and Dr. AritraSamaddar donated blood.



Today blood donation camp ..Dr. Susanta Kumar Maity, Programme Officer, NSS Unit-1, Sri Mintu Das (Ex Student) and SubhankarMahapatra (Ex Student) donated blood.

Sudipta Chkraborty
 13/07/2023

Dr. Sudipta Chkraborty
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